

## **CONFERENCE MENU**

sample menu

### **BEVERAGES**

Aromatic Italian Filicori coffee from professional espresso machines
Selection of Sir Williams teas: black, green, fruit, mint, lemon balm
Additions: sugar, brown sugar, milk, lactose free milk, soy drink, lemon
Still water infused with fresh fruit
100% fruit juices - apple, orange, grapefruit
Lemonades: watermelon with strawberry and rosemary/lemon with orange and mint

## SAVORY BREAK SNACKS

Mini croissant with Parma ham and orange
Mini croissant with shrimp, Philadelphia cheese, cherry tomato, and coriander
Mini croissant with camembert and strawberry vege
Mini tortilla with salmon, lettuce, and vegetables
Mini tortilla with red onion jam, cheddar, mushrooms and beans vege
Parmesan crisp waffle with foie gras and cherry - fig gelée
Savory Parmesan waffle with pulled beef in teriyaki marinade, pineapple - chili glaze
Hummus with sun-dried tomato on wholegrain bread, basil gelée with cucumber vegan/LF

Fresh vegetables with spreads
Crudités: bell pepper, cucumber, carrot, celery sticks
Spreads: hummus vegan/GF/LF, pea paste vege/GF, muhammara vege/GF

### **ENERGY DESSERT**

Nut and dried fruit bar with dark chocolate and chopped pistachios

Mini cheesecake with blackcurrant and blueberry on a date - nut base in a jar

Melon and cucumber rose with mint, served in a jar

Lemon cream with vanilla mousse

Fruit tartlet

#### FRESHLY BAKED BUNS

Fruit Danish pastries Mini chocolate croissants

# JAR DESSERTS

Panna cotta with raspberry mousse Granola with yogurt and fresh fruit

#### FRESH FRUIT

Grapes, orange, grapefruit, pineapple, melon

#### SMOOTHIES & HEALTH COCKTAILS

CLEANSE: spinach, cucumber, apple, kiwi, parsley ENERGY: banana, mango, flaxseed MANGO LASSI: mango, natural yogurt, honey, cardamom COFFEE: banana, peanut butter, oat milk, espresso