



BREAKFAST

Your sample menu

MINI CROISSANT

With ham, salt cheese and worcester sauce **vege**

With camembert and strawberries **vege**

MINI TORTILLA

Grilled chicken, fresh vegetables

Chickpea paste, beet, avocado, smoked tofu, fresh vegetables **vegan**

MINI JARS

Granola with yogurt and fruit mousse **vegan**

Chia seed pudding with mango mousse **vegan**

SALADS IN JARS

Salad mix with baked apple, plums, crispy bacon, grilled goat cheese, pumpkin balsamic dressing

Chickpeas and black olives salad with sun-dried tomatoes with basil emulsion **vegan**

SMOOTHIES

Detox: spinach, cucumber, apple, kiwi, parsley

Energy: banana, mango, flaxseed

Immunity: orange, sea buckthorn, apple, ginger, turmeric

Mood: beet, currant, raspberry, lemon

SHOTS

Vitamins: Sauerkraut, kale

Energy: Ginger, lemon, honey, turmeric

Probiotic: Pickled carrots

CONTACT US DIRECTLY. WE WILL ADJUST THE OFFER TO YOUR NEEDS.

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